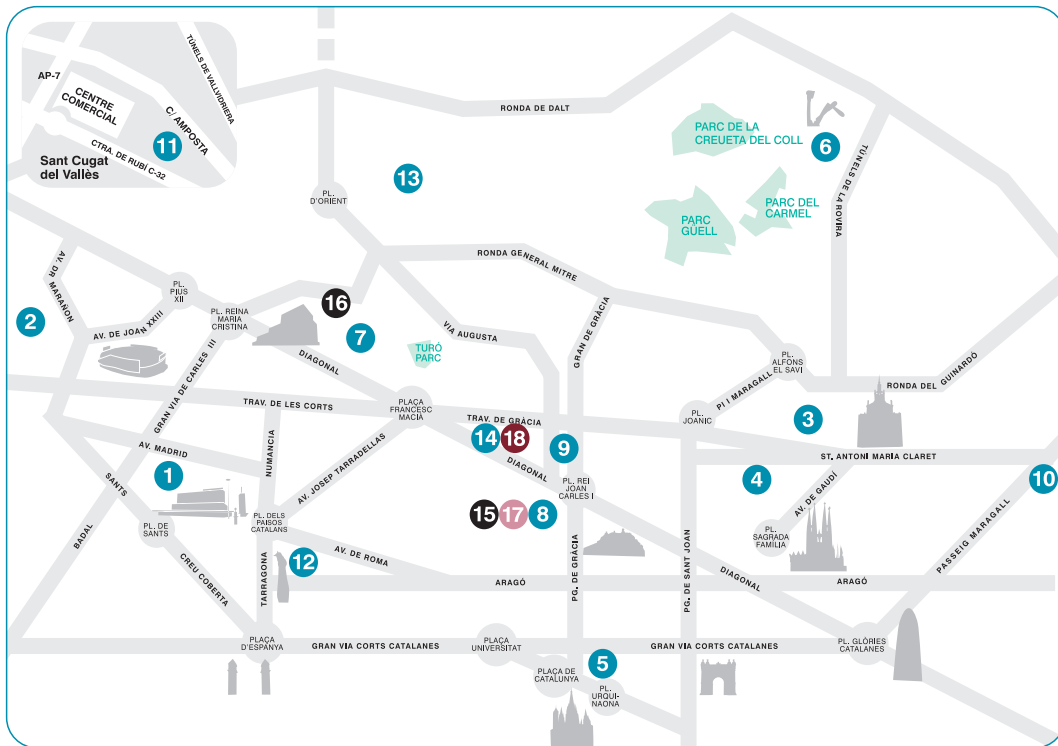


# GAUDEIX DE 18 CLUBS A BARCELONA

DISFRUTA DE 18 CLUBS EN BARCELONA / TAKE ADVANTAGE OF 18 CLUBS IN BARCELONA

- 1 DiR Av. Madrid**  
Av. Madrid, 174  
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- 2 DiR Campus**  
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Tel. 93 448 41 41
- 3 DiR Castillejos**  
Castillejos, 388  
Tel. 93 347 66 44
- 4 DiR Claret**  
St. A. M. Claret, 84-86  
Tel. 93 476 41 26
- 5 DiR Claris**  
Casp, 34  
Tel. 93 301 62 09
- 6 DiR Club Hispà**  
Jorge Manrique, 15-19  
Tel. 93 427 00 50
- 7 DiR Diagonal**  
Ganduxer, 25-27  
Tel. 93 202 22 02
- 8 DiR Eixample**  
Ptge. Domingo, 6-8  
Tel. 93 488 08 09
- 9 DiR Gràcia**  
Gran de Gràcia, 37  
Tel. 93 415 55 50



- 10 DiR Maragall**  
St. A. M. Claret, 362  
Tel. 93 456 61 00
- 11 DiR Sant Cugat**  
Ctra. de Rubí, 76-80  
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Tarragona, 108-110  
Tel. 93 226 50 59
- 13 DiR Tres Torres**  
Vergós, 4  
Tel. 93 211 37 11
- 14 DiR Tuset**  
Aribau, 230-240  
Tel. 93 000 49 00
- 15 DiR Seven**  
Ptge. Domingo, 7  
Tel. 93 215 27 55
- 16 DiR Up&Down**  
Flos i Calcat, 22-24  
Tel. 93 115 13 75
- 17 Pilates DiR Studio**  
Ptge. Domingo, 5  
Tel. 93 272 61 76
- 18 Yoga One**  
Aribau, 230-240  
Tel. 93 000 89 00

PER UNA EMPRESA SALUDABLE

DiR Empreses · 902 10 1979 · info@dir.cat

18 clubs perquè trïis el teu DiR

**DiR**

# SERVEIS CLUBS DiR

SERVICIOS CLUBS DiR / DiR SERVICES

	SALES DE FITNESS	SALES D'ACTIVITATS DIRIGIDES	SPINDiR / KRANKING	POWER PLATE	IOGA / ANTIGRAVITY IOGA	PILATES / ZONA PILATES	ENTRENADOR PERSONAL	PISCINA INTERIOR PISCINA EXTERIOR	SPA & UVA / SOLARI	DIRZEN / ESTÈTICA	NUTRICIÓ / FISIOTERÀPIA	UNITAT MÈDICA D'ESQUENA	SAIBO / RESTAURANT	PÀDEL / ESQUAIX	GOLF	BOXA / BASQUET	BILLAR / TENNIS TAULA
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DIR AV. MADRID	2	2	● / ●	●	● / ●	● /	●	● /	● / ●	/ ●	● / ●						
DIR CAMPUS	4	2	● /	●	● / ●	● / ●	●	/ ●	● / ●	/ ●	● / ●			3 / 5		● / ●	
DIR CASTILLEJOS	2	4	● / ●	●	● / ●	● /	●	● / ●	● / ●	● /	● / ●		● /	3 /		/ ●	● / ●
DIR CLARET	1	2	● /	●	● / ●	● /	●	● /	● / ●		● / ●						
DIR CLARIS	3	2	● / ●	●	● / ●	● / ●	●		● / ●		● / ●						
DIR CLUB HISPÀ	3	1	● /	●	● / ●	● /	●	● /	● / ●		● / ●		/ ●	5 /		● /	● / ●
DIR DIAGONAL	1	4	● / ●	●	● / ●	● / ●	●	● / ●	● / ●	● /	● / ●		● /	3 /	●		
DIR EIXAMPLE	1	1	● / ●	●	● / ●	● /	●		● / ●		● / ●						
DIR GRÀCIA	3	2	● /	●	● / ●	● / ●	●	● /	● / ●		● / ●						
DIR MARAGALL	2	4	● /	●	● / ●	● /	●	● /	● /	● /	● / ●		● /				
DIR SANT CUGAT	1	2	● / ●	●	● / ●	● /	●	● /	● / ●	/ ●	● / ●		● /	4 /			
DIR SEVEN	2	2	● /	●	● / ●	● /	●	● /	● / ●	● /	● / ●		● /	1 /			
DIR TARRAGONA	1	2	● /	●	● / ●	● / ●	●	● /	● /	/ ●	● / ●						
DIR TRES TORRES	1	1	● /	●	● / ●	● /	●	● /	● / ●	● /	● / ●						
DIR TUSET	1	2	● / ●	●	● / ●	● /	●		● /	● / ●	● / ●	●					
DIR UP&DOWN	1		● / ●	●	● / ●	● / ●	●		● /	● /	● / ●						

ESTACIONES CARDIOVASCULARES: LIFE FITNESS-PRECOR-CONCEPT II · ESTACIONES MUSCULARES: LIFE FITNESS-HUMMER-NAUTILUS-GYM 80-CYBEX · SPINDiR: SCHWING-STAR TRACK-KEISER